

# Foundation Subjects: Science, Art, History, PE

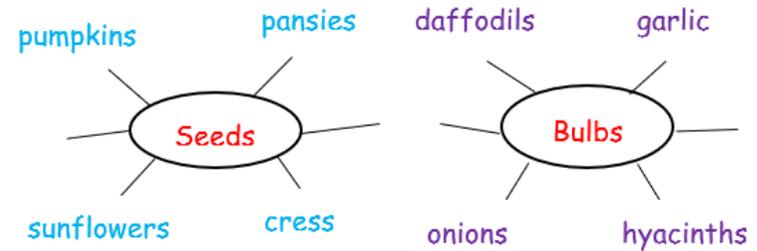
Week 3 - Choose one of these subjects each day to complete in the afternoon.

	Teach	Activities
<b>Science</b>	<p><b>Outcome:</b> To find plants that grow from <u>seeds</u> or <u>bulbs</u>.</p> <p><b>Odd one out warm up activity</b> Show children pictures of the sunflower seeds, horse chestnut and broad beans. Look closely at their appearance and think about what they grow in to. Which one is the odd one out and why? Remember there is not only one answer! Have some fun exploring lots of different possible answers.</p>  <p><b>Discuss</b> Talk to your children about what seeds and bulbs are. If you don't have any at home then use the science resources with pictures for you to look at.</p> <p><b>Info</b> Most plants come from seeds. Seeds come in all shapes, sizes, and types. They can be small, like radishes, medium, like marigolds, or large, like</p>	<p>Watch an introductory video to plants: <a href="https://www.bbc.co.uk/bitesize/topics/zpxnyrd/articles/zw2y34j">https://www.bbc.co.uk/bitesize/topics/zpxnyrd/articles/zw2y34j</a></p> <p><b>Plant hunt</b> If you have access to a garden or take a walk during the week then try going on a plant hunt. What plants/ trees can you identify? Can you remember any you learnt in Year One? (daffodil, daisy, geranium, lavender)</p> <p>Can you find the plants that grow from the pictures of the different seeds and bulbs?</p> <p>What do you think these seeds or bulbs grow in to?</p> 

sunflowers. Seeds from flowering plants have seed coats to protect them.

Some plants grow from bulbs which are underground masses of food storage. Bulbs, like seeds, are also available in different sizes, shapes, and types. Bulbs such as tulips, onions, and daffodils, contain a complete miniature plant inside. They have fleshy scales of food that nourish the plant.

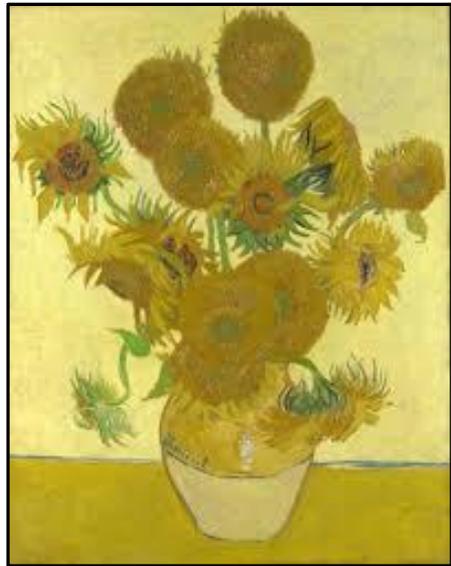
Draw a picture of a seed in the middle of your books. Can you create a mindmap of all the plants that grow from seeds? Can you create a mindmap of plants that grow from bulbs too? For example:



## Art

**Outcome: To create artwork inspired by Van Gogh's Sunflowers painting.**

We hope you enjoyed creating your masterpiece inspired by Van Gogh's Starry Night painting. Our art this week will link to our science learning so if you have some sunflower seeds at home then get planting! This week we are going to look at another one of Van Gogh's famous paintings: Sunflowers.



### Questions for discussion:

Do you like the painting?

What do you notice about the painting? Colours?

Shapes? Patterns? Brush strokes?

Can you create your own Van Gogh inspired sunflower art? You could sketch, paint or use oil pastels or any media you like. Please keep sending in photos of your work.



	<p><b>Background information Van Gogh Museum:</b>  Van Gogh's paintings of Sunflowers are among his most famous. He did them in Arles, in the South of France, in 1888 and 1889. Vincent painted a total of five large canvases with sunflowers in a case, with three shades of yellow 'and nothing else'. In this way, he demonstrated that it was possible to create an image with numerous variations of single colour, without any loss of eloquence. The sunflower paintings had a special significance for Van Gogh: they communicated 'gratitude' her wrote.</p>	
<p><b>History</b></p>	<p>As we begin our new topic of 'Crystal Palaces' ask your child to see if there is anything they would like to find out about our local area and London. You can write these down or send your questions in an email to Year 2 teachers. As a family discuss the question ' what do you think of when you think of the city of London?'. Children may think of the Great Fire of London, our trips to Tower of London or any famous landmarks they know. Watch this clip on famous London landmarks. <a href="https://www.youtube.com/watch?v=-XhYdiApQJ4">https://www.youtube.com/watch?v=-XhYdiApQJ4</a> if there are any words your child doesn't understand you can use a dictionary together to look them up. After watching explain to your child that these were NOT in order that they were built.</p>	<p>Activity: Print/draw out the pictures of the buildings and cut and stick the pictures of several significant events/constructions in London in the correct order. Can you research online any other buildings or famous landmarks in London of your own and add these to your timeline?</p>

## Rock, Paper, Scissors



**What you need:** One other person



### How to play:

- Face each other and jump on the spot three times before jumping on the fourth jump either with your feet landing together to represent 'rock', jump with your feet straddled wide to represent 'paper', or jump with your feet one forwards and one back to represent 'scissors'.
- Rock beats scissors, scissors beats paper and paper beats rock.
- If you have the space, winner chases their opponent trying to tag them before an end line.

**Who is the winner in your household?**

## Play the deck



**What you need:** A pack of cards



### How to play:

- Assign each suit to an exercise e.g. clubs are sit-ups, spades are burpees, hearts are lunges, diamonds are squats.
- Place all cards face down and take turns to choose a card from the deck.
- Complete the number of each exercise for the suit e.g. 10 of diamonds would be 10 squats.
- If a face card is chosen, run on the spot for 30 seconds.

**Can you complete the pack?**