

Friday 11th September 2020

Dear Parents/Carers,

In September we are focussing on the value of 'Learning'. Obviously, this is a vital concept to value in a school– a centre of learning! That said, we are keen to extend this value to the whole school community, including all staff and parents. The children put the grown ups to shame with the speed with which they learn knew concepts and develop new skills!

We will enjoy finding out about how our brain learns and we will draw on Growth Mindset theories to maximise our learning potential and help us understand that learning takes practise!

The Values Zoom Assembly was held last week, outlining some ideas about learning and giving the children some questions to think about in class. It also linked the value of learning to our other values. You can view it on our website in the Values section.

The children have the opportunity to reflect upon the values by nominating peers and staff for a monthly 'Values Award' and we are looking forward to seeing what the children notice about the values they see being lived out in school.

Using the Values At Home

Here are some ideas to use at home if you wish:

Demonstrate that learning takes hard work by learning a new skill yourself! Maybe you could teach yourself to knit/ bake bread/ play chess....anything! Model to your child how you need to practise to get better. Show your child how you keep on trying when it gets tricky.

Have a look at this video as an introduction to Growth Mindset theories:

[How](https://www.youtube.com/watch?v=YI9TVbAal5s&t=8s) to Help Every Child Fulfil Their Potential: <https://www.youtube.com/watch?v=YI9TVbAal5s&t=8s>

If this really interests you, read this brilliant book– it really will change the way you view learning for your child and yourself!

We hope you enjoy exploring this value at home with your child.

Many Thanks,
The Stillness Staff

