

The image features the Scottish Saltire flag, which consists of a white saltire (X-shape) on a blue field. The word "Scotland" is written across the center of the flag in a white, rounded, sans-serif font with a thin orange outline.

Scotland

In Scotland, Mrs Grimes could **see...**





## River Tay

This is **the longest river in Scotland** and the seventh longest in the United Kingdom.



## Arthur's Seat

This is an **ancient volcano** in Holyrood Park and sits 251 metres above sea level so has beautiful views of Edinburgh.



## National Wallace Monument

This is a tower in Stirling built to commemorate Sir William Wallace, a 13<sup>th</sup>-century Scottish hero who strived for peace and freedom.



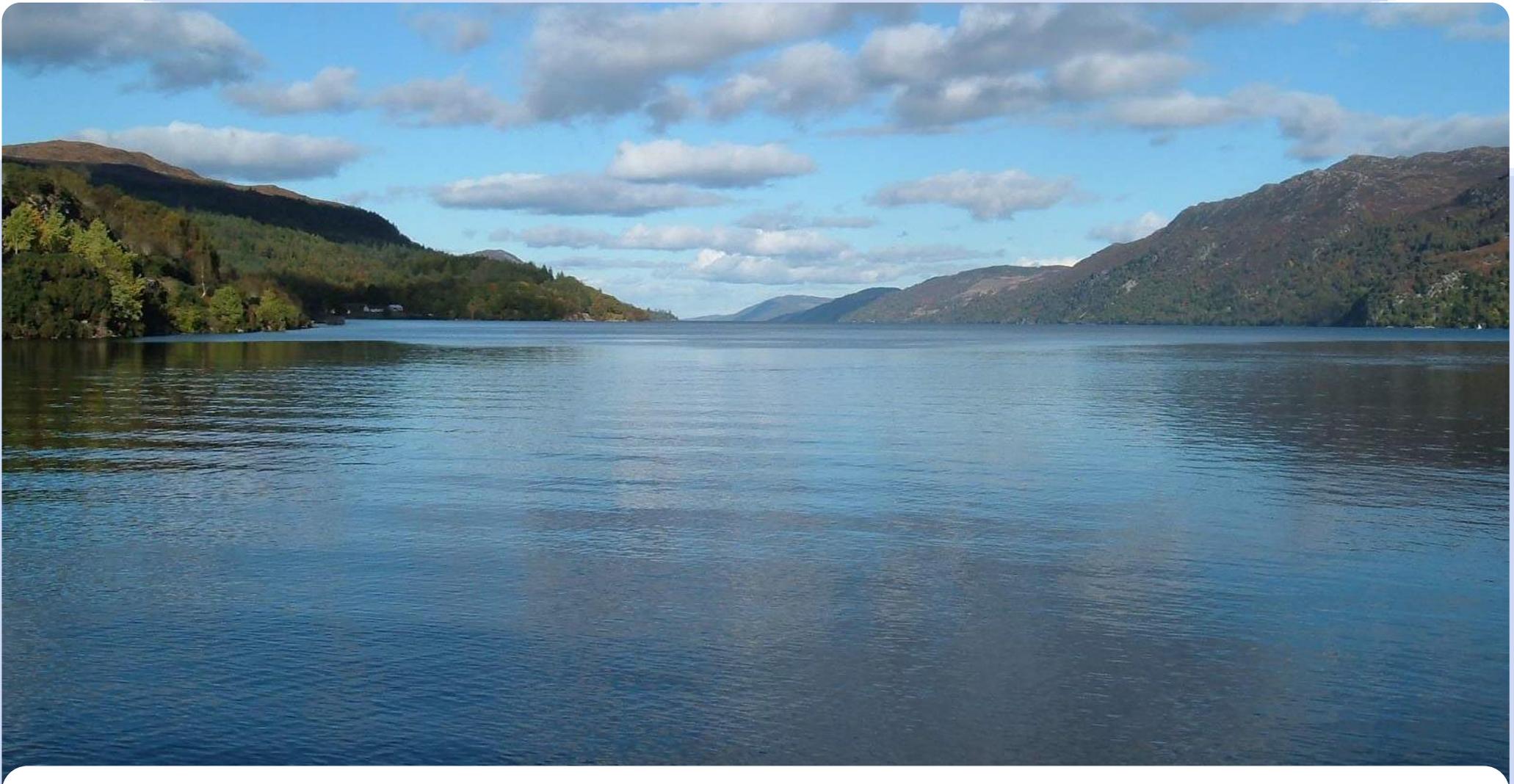
## Edinburgh Castle

Edinburgh Castle is a historic fortress, situated on Castle Rock. Castle Rock is a volcanic plug which is thought to have risen approximately 350 million years ago.



## Ben Nevis

It was once a massive volcano which exploded and collapsed inwards on itself millions of years ago.  
Ben Nevis is the tallest mountain in the British Isles.

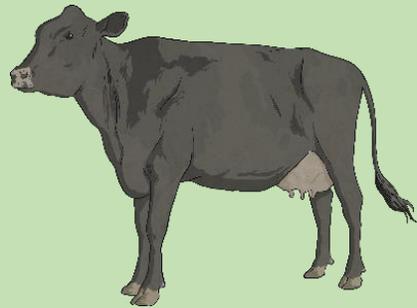


## Loch Ness

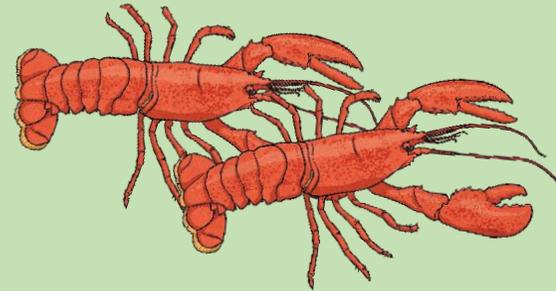
Loch Ness is a huge, deep, freshwater loch in the Highlands. Loch Ness is famous for the alleged sightings of 'The Loch Ness Monster' ('Nessie' for short), a large creature which some people believe lives in the Loch.

# In Scotland, Mrs Grimes could **eat**...

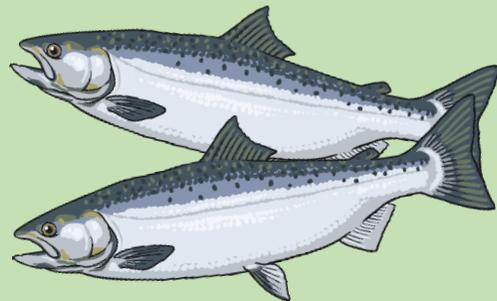
Aberdeen Angus beef



Scottish lobsters



Scottish salmon



oatcakes



# In Scotland, Mrs Grimes could **eat**...

## **Haggis**

Savoury pudding with sheep's heart, liver and lungs, minced with onion, oatmeal, suet, spices and salt, stuffed inside a sheep's stomach - although today a lot of haggis is prepared in a sausage casing.



## **Cullen Skink**

A thick Scottish soup made with smoked haddock, potatoes and onions.



## **Tablet**

A medium-hard sugary sweet made from sugar, condensed milk, butter and vanilla essence, boiled to a soft-ball stage and then allowed to crystallise.



# In Scotland, Mrs Grimes could **celebrate...**

## **Edinburgh International Festival**

It's a busy time in Edinburgh, as the International Festival takes place at the same time as the Festival Fringe, the Art Festival, the Book Festival and more. These festivals celebrate many aspects of the arts and culture, with performances and events like the Royal Edinburgh Military Tattoo.



## **Hogmanay**

Seeing the old year out and the new year in is a particularly Scottish celebration; have you heard of Auld Lang Syne?

# Mrs Grimes might want to **watch out** for....

## **Thistles!**

Thistles are the flower of Scotland, Some people say that many years ago Vikings came to attack, but stood on a thistles, giving the scots time to prepare and fight off the Vikings!

Watch your step Mrs Grimes



## **Bagpipes!**

Love them or hate them? They are a traditional Scottish instrument that were first introduced in battles to sound the start of an attack! The shrill and penetrating sound can amazingly travel up to ten miles away!

# Key Words

**Loch**

**Mountain**

**Edinburgh**

**Bagpipes**

**Haggis**

**Shortbread**

**Kilt**