

Monday 29<sup>th</sup> March 2021



**Learning, Growing  
and Succeeding Together**

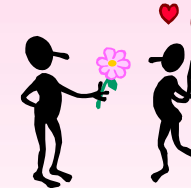
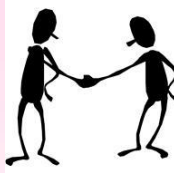
*A value is a principle  
that guides our  
thinking and  
behaviour*

*Let's reflect on how thinking  
about **Individuality**  
did this?*

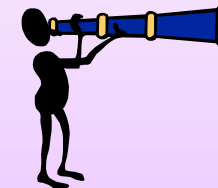




Learning  
Equality  
Forgiveness  
Kindness



Perseverance  
Communication  
Individuality  
Patience  
Respect  
Independence  
Pride



Manners  
Trust

Responsibility  
Community  
Determination

Positivity  
Appreciation

Friendship

Curiosity

Empathy

Creativity



# Our Values nomination winner for March is.....



Addy Norris from Purple Class for living the values of kindness and determination all the time. Nominated by Connie, Emma and Isaac.

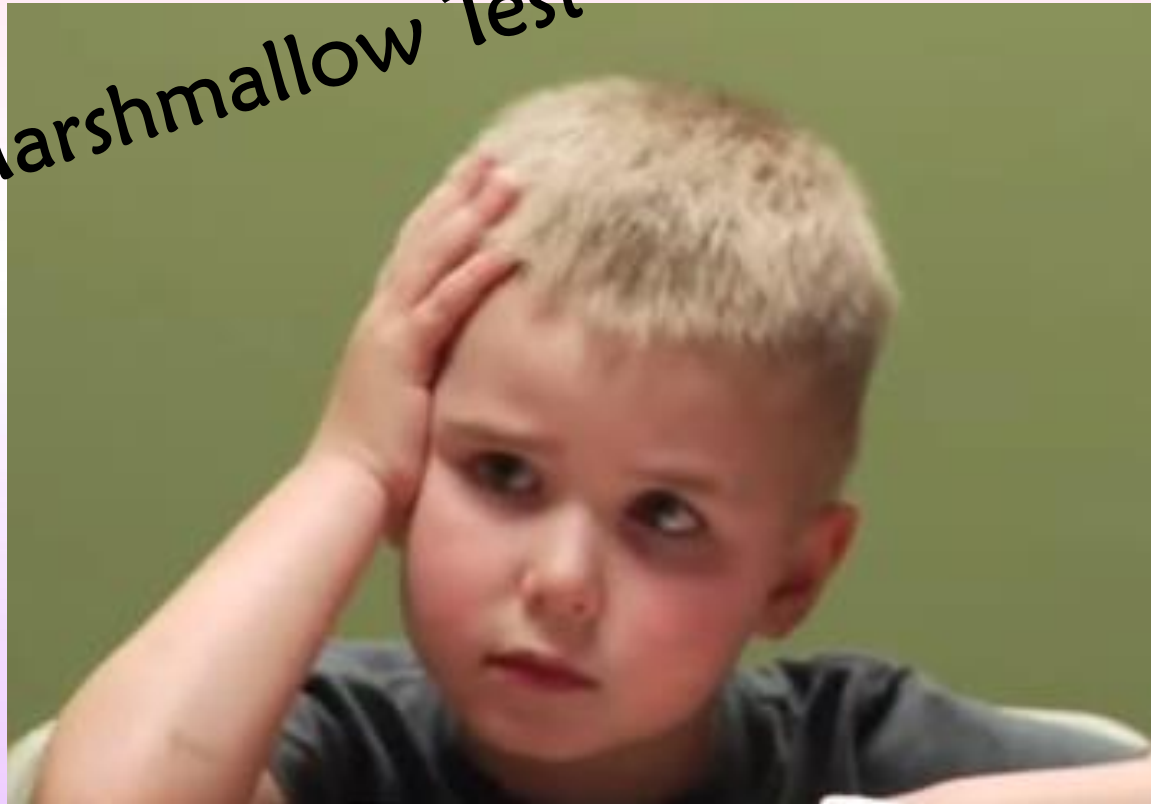
# Our grown up winner is.....

Zara, for living the values of respect and kindness. Nominated by Connie and Emma.



Watch this film and see if you can work out what this month's value is?

The Marshmallow Test



[https://www.youtube.com/watch?v=QX\\_oy9614HQ&feature=youtu.be](https://www.youtube.com/watch?v=QX_oy9614HQ&feature=youtu.be)

In April we will be exploring the value of

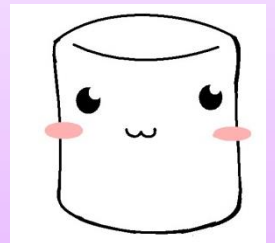
# Patience





# PATIENCE

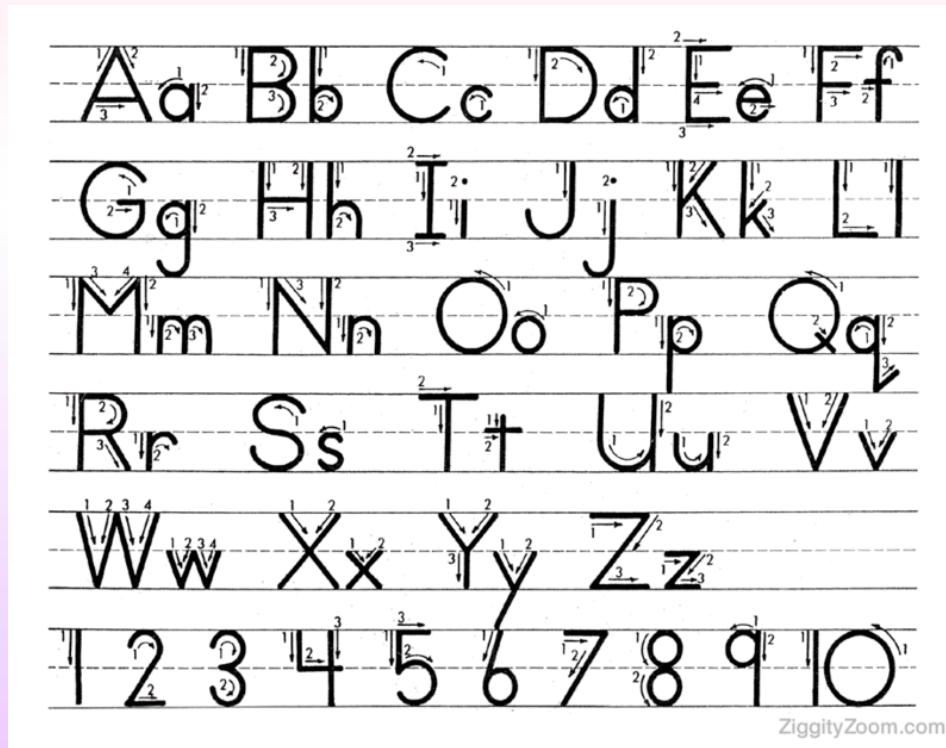
Patience means...  
being able to wait until it's  
time ...  
staying calm and not  
becoming annoyed





<https://www.youtube.com/watch?v=qgeuCgODgv4>

**Think about how we can use the value of patience in our learning.**



Think about how we can use the value of patience in the playground.

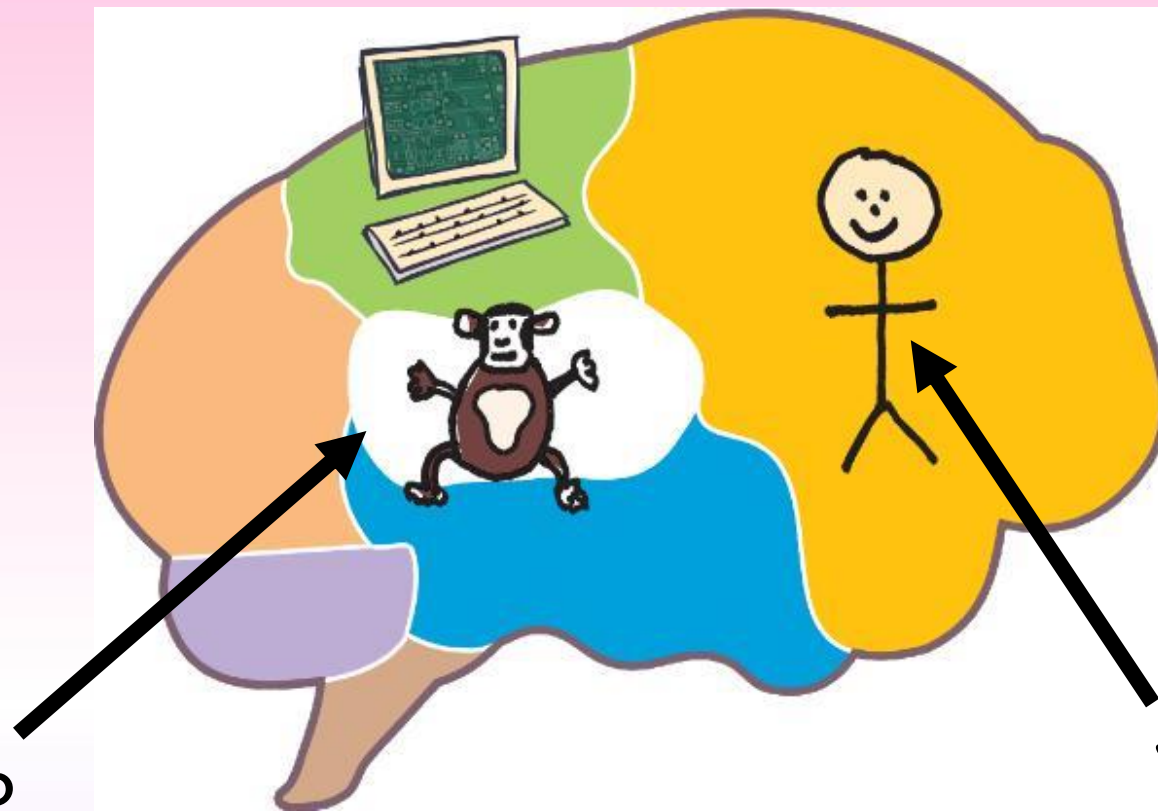


Think about how we can use the value of patience at home.



Who can help you learn the value of  
patience?

The grown ups!



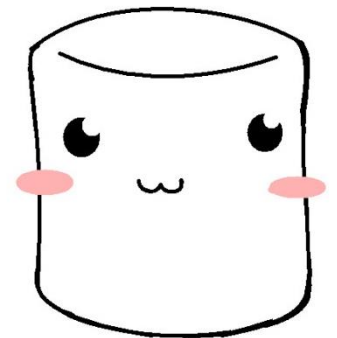
The Chimp

The Human

- Emotional thinking
- Takes action based on feelings and impressions
- You have to learn to control it
- Logical thinking
- Looks for the truth and facts
- Takes action based on calm thoughts

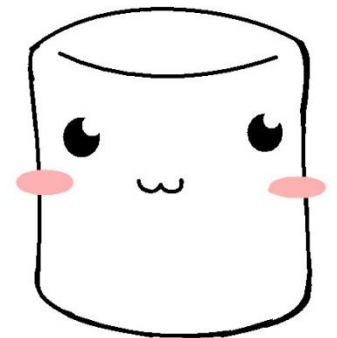
*Both can function well separately but have trouble working together*

Why is it important  
to show **PATIENCE**  
to others?

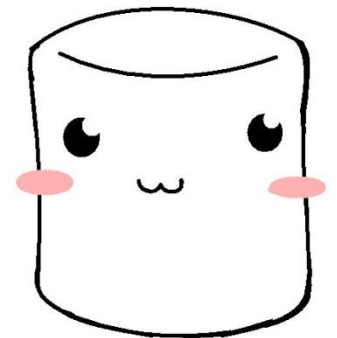




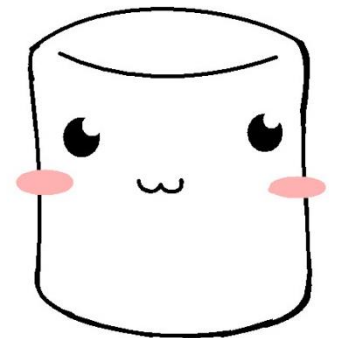
**What can you do if  
you are feeling  
IMPATIENT?**



**Are there certain things  
or people which 'test  
your PATIENCE'? Can  
you learn how to be  
more patient in these  
situations?**



How can you being  
**PATIENT** or  
**IMPATIENT** affect  
other people?



**“ Have PATIENCE.  
All things are  
DIFFICULT  
before they  
BECOME easy. ”**

**Saadi**

Ilovelife

"The key to  
everything  
is PATIENCE.  
You get the  
chicken by  
hatching the  
egg, not by  
smashing it."

— Thomas Merton, "The Way of Zen"





You can chase a butterfly all over the field  
and never catch it.

But if you sit quietly in the grass  
it will come and sit on your shoulder.

