



### Personal, Social and Emotional Development (PSED)

- Learning school rules and routines
- Making new friends
- Learning how to share
- School Values: Learning and equality
- Introducing mindfulness

### Physical Development

- Developing our fine and gross motor skills as we use apparatus and equipment safely
- Managing own hygiene needs
- Learning how to keep healthy through healthy eating and exercise
- Learning about oral hygiene

### Understanding the World

- Understanding similarities and differences between people
- Learning about the body and senses

### Super Me, Super You!

#### Weekly Topics and Enrichment 2023

- Ourselves, what we look like
- Exploring the world with our five senses
- Our families and pets
- Our friends
- Our bodies
- Our homes and favourite places - trip to the local post box

**SUPER ME,  
SUPER YOU!**

### Expressive Arts and Design

- Learning to use different media to draw, paint and create collages
- Mixing colours and shades
- Using tools such as scissors
- Exploring sounds using musical instruments

### Literacy, Communication & Language

**Main stories:** Funnybones, Supertato, Super Daisy, The Jolly Postman, The Colour of Home

**Writing:** Names, letter writing, labelling pictures and objects

#### Phonics:

Learning Phase 2 graphemes (sounds)-  
s, a, t, p, i, n, m, d, g, o, c, k, ck, e,  
u, r, h, b, f, l

Tricky words (sight words)- is, I, the

### Maths

- Matching and sorting objects and quantities
- Counting objects accurately
- Subitising with numbers to 5 (recognising the quantity shown without the need to count them)
- Exploring repeating patterns
- Exploring positional language